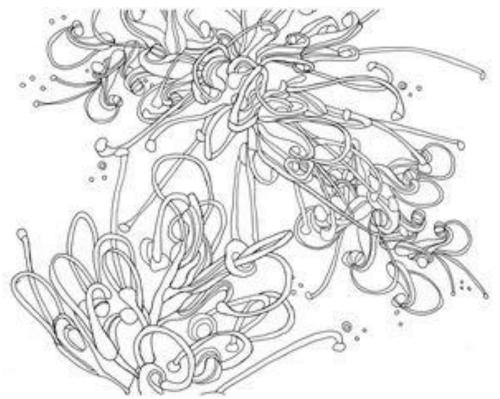
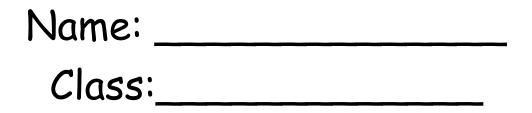
# Year 5 Grevillea (A) Wednesday 6.10.21- Tuesday 12.10.21





= Please post this item on Google Classroom

- = There is a video related to this activity in Google Classroom
- = make sure you watch the YouTube link



### NSW Department of Education





# Learning environment checklist

# In setting up this space the following should be considered:

- Is the area free of distraction?
  - Is there excessive noise in the area?
  - Are there trip hazards in the area?
  - Is the area exposed to direct glare or reflections?
  - Does the area have sufficient power points available?
- Is equipment (extension cords etc.) in good, safe, working condition?
- Is there a proper desk and chair and other necessary equipment (light, stationery and devices)?
- Is the chair adjusted correctly?
  - Feet should be flat on the floor and knees bent at right angles with thighs parallel to the floor.
  - The chair backrest should support the lower back and allow your child to sit upright.
  - The chair should move freely and not be restricted by hazards such as mats and power cords.
  - Chair arm rests should be removed or lowered when typing.

Is the computer adjusted correctly?

- The screen should be positioned directly in front of your child.
- The screen should be at a distance where your child can see clearly and easily without straining. The top of the screen should be slightly lower than eye level.
- The keyboard should be positioned at a distance where elbows are close to your child's body and their shoulders should be relaxed.
- The mouse should be placed directly next to the keyboard.

Are their most frequently used items within easy reach from a seated position?



education.nsw.gov.au



Unit 7	Wednesday 6/10/21	Thursday 7/10/21	Friday 8/10/21	Monday 11/10/21	Tuesday 12/10/21
Morning	<ul> <li>English Spelling: <i>Complete spelling worksheet provided.</i></li> <li>Write 10 words that contain the specific sound focuses.</li> <li>(30 minutes)</li> <li>Brain Break: Make and throw a paper plane</li> <li>Reading: Comprehension Complete the comprehension questions about the text Dragonkeeper.</li> <li>(30 minutes)</li> </ul>	English Grammar: irregular plurals Complete the grammar activity provided. Write 10 words that contain the specific sound focuses. (30 minutes) Brain Break: Jumping Jacks: See how many you can do in one minute. Writing: Poetry (Haiku) Use the planning sheet provided and example to write your own Haiku poem about the beach. (30 minutes)	<ul> <li>English Spelling: Revise the <i></i></li> <li>Complete at least two spelling activities provided in the spelling activity grid.</li> <li>Write 10 words that contain the specific sound focuses. (30 minutes)</li> <li>Brain Break: Put on your favourite song and dance!</li> <li>Reading: Comprehension Vocabulary – Use a dictionary to assist you in recording definitions for vocabulary used in Dragonkeeper. (30 minutes)</li> </ul>	English         Spelling: Revise the <i>         Complete two spelling activities provided in the spelling activity grid.         Write 10 words that contain the specific sound focuses.         (30 minutes)         Brain Break: Pat your head while rubbing your tummy. Swap.         Writing: Poetry (Haiku)Create a Haiku poem about Spring.         (30 minutes)</i>	<ul> <li>English Spelling: Look, cover, write, check your spelling list for the week. Get a family member to test you on 5 of your words, in sentences. Review the sentences and mark your work. (15 minutes)</li> <li>Reading: Login to the online reading program Reading Eggs using the username and password. Complete two Reading Eggspress activities. (30 minutes)</li> <li>Brain Break: Body percussion- make different beats with parts of your body.</li> <li>Free writing: Create a piece of writing of your choosing. It can be narrative, poetry, procedure, information report or even a journal entry! (15 minutes)</li> </ul>
Break					
Middle	Mathematics Mathletics: Complete 2 set Mathletics tasks (25 minutes)	Mathematics Mathletics: Complete 2 set Mathletics tasks (25 minutes)	11.30am: Year 5 Zoom meeting. https://nsweducation.zoom.us/j/ 64086355739?pwd=M0dXeUR TeTdVYkhYanZxRkFCYkgwQT	Mathematics Mathletics: Complete 2 set Mathletics tasks (25 minutes)	Mathematics Mathletics: Complete 2 set Mathletics tasks (25 minutes)

	<ul> <li>Times tables: Revise 6 times tables (2 minutes)</li> <li>Problem A Day: Complete the task for today. (3 minutes)</li> <li>Number A Day: Log on to number of the day https://mathsstarters.net/numof theday 3, 4, 5 or 6 digit number (student choice) and complete the daily number of the day. (5 minutes)</li> <li>TENS: Dice Wars Watch the video and complete the activity (15 minutes)</li> <li>Brain Break: Juggle two or more balls. How long can you last?</li> <li>Multiplication: Complete the set activity on multiplication.</li> <li>(20 minutes)</li> </ul>	<ul> <li>Times tables: Revise 6 times tables (2 minutes)</li> <li>Problem A Day: Complete the task for today. (3 minutes)</li> <li>Number A Day: Log on to number of the day <u>https://mathsstarters.net/numof theday</u> 3, 4, 5 or 6 digit number (student choice) and complete the daily number of the day. (5 minutes)</li> <li>TENS: Dice Wars Watch the video and complete the activity (15 minutes)</li> <li>Brain Break: Throw a ball as high as you can and catch it. How many in a row can you catch without dropping it?</li> <li>Division: Complete the set activity on division. (20 minutes)</li> </ul>	09 Meeting ID: 640 8635 5739 Passcode: 024826 Mathematics Mathletics: Complete 2 set Mathletics tasks (25 minutes) Times tables: Revise 6 times tables (2 minutes) Problem A Day: Complete the task for today. (3 minutes) Brain Break: make and throw a paper plane. Number A Day: Log on to number of the day https://mathsstarters.net/numof theday 3, 4, 5 or 6 digit number (student choice) and complete the daily number of the day. (5 minutes) TENS: Dice Wars Watch the video and complete the activity (15 minutes)	<ul> <li>Times tables: Revise 6 times tables (2 minutes)</li> <li>Problem A Day: Complete the task for today. (3 minutes)</li> <li>Number A Day: Log on to number of the day <u>https://mathsstarters.net/numof theday</u> 3, 4, 5 or 6 digit number (student choice) and complete the daily number of the day. (5 minutes)</li> <li>TENS: Dice Wars Watch the video and complete the activity (15 minutes)</li> <li>Brain Break: Scissors, paper, rock. Challenge someone to a 'best of 3'.</li> <li>3D Objects: Complete the set activity on 3D Objects. (20 minutes)</li> </ul>	<ul> <li>Times tables: Revise 6 times tables (2 minutes)</li> <li>Problem A Day: Complete the task for today. (3 minutes)</li> <li>Number A Day: Log on to number of the day <u>https://mathsstarters.net/numof</u> theday 3, 4, 5 or 6 digit number (student choice) and complete the daily number of the day. (5 minutes)</li> <li>TENS: Dice Wars Watch the video and complete the activity (15 minutes)</li> <li>3D Objects: Complete the set activity on 3D Objects. (20 minutes)</li> </ul>
Break					

Afternoon	<b>DEAR:</b> Drop everything and read for 10 minutes. Choose any book you would like, read for fun.	<b>DEAR:</b> Drop everything and read for 10 minutes. Choose any book you would like, read for fun.	<b>DEAR:</b> Drop everything and read for 10 minutes. Choose any book you would like, read for fun.	<b>DEAR:</b> Drop everything and read for 10 minutes. Choose any book you would like, read for fun.	<b>DEAR:</b> Drop everything and read for 10 minutes. Choose any book you would like, read for fun.
	Sport Follow along with the cardio workout. ***2.30pm: Join Miss Fry for a yoga lesson*** <u>https://nsweducation.zoom.us/j/61</u> 426399274?pwd=N2RjSzJPVHR OaUJPMjRaSTIWQXBjdz09 (30 minutes)	<u>Geography: Bushfires</u> Read the information provided and complete the worksheet. (60 minutes) complete the artwork. (45 minutes)	Creative Arts Watch this video and complete the artwork. Be sure to add colour, a background to your artwork and maybe even some humans! Make it an individual masterpiece! https://www.youtube.com/wa tch?v=94stAysBR0g&t=160s (55 minutes)	Bounce Back: Looking on the Bright Side Reflect on the Bounce Back acronym and complete the activity. (40 minutes) BTN Watch the video below and record 3 VIP's from the segment. https://www.abc.net.au/btn/clas sroom/epidemiology/13494692 (15 minutes)	***2.00pm: Join our whole school assembly***         Image: https://nsweducation.zoom.us/j/65430515008?pwd=VGZYSklx         ZkpQaUI3dEZXTzIIM3FQZz09

Write your spelling words out each day					
Wednesday	Thursday		Friday	Monday	Tuesday
-	-		-		
Activity			Teacher Recogn	nition	
Spells words c	Spells words correctly each day				

### <u>Weekly Recording</u> - Spelling words, Reading Eggspress, Brain Breaks, Mathletics, <u>Times tables</u>, Problem-A-Day, Number of the Day, TEN and BTN VIP's

### **Brain Breaks Completion Record**

Wednesday	Thursday	Friday	Monday	Tuesday
Paper plane	Jumping Jacks	Dancing	Rub your head & pat your tummy	Body percussion
Juggling	Throw & Catch	Paper plane	Scissors, paper, rock	

Activity	Teacher Recognition
Completes daily Brain Break activities	

### **Reading Eggspress Completion Record**

Day	Quizzes/Activities Completed	
Tuesday		

Activity		Teacher Recognition
	Completes Reading and Comprehension Quizzes and Activities in Reading Eggs	

### Spelling Grid

### Highlight 2 activities you have completed on Thursday.

Use this grid and a different coloured highlighter to record the 2 activities you completed on

	Friday.		
Spelling practise and patterns	<b>Find-a-word</b> Make a find-a-word using 10 of your words. List the words to find. Ask your teacher for a piece of grid paper.	<b>Picture Words</b> Write 5 words and draw a picture or diagram for each one.	
	Rainbow Syllables Write or type 10 words using a different colour for each syllable.	Mini Words Find 10 mini words (words in words) within your spelling list	
	Synonyms Write synonyms (similar meaning) for 5 of your words. Use a dictionary or thesaurus to help you	Word Building Find the base word of 5 of your words. Add prefixes or suffixes to make as many words as you can for each one.	
Meanings	Dictionary Meanings Find dictionary meanings for at least 5 of your words. Write them neatly into your homework book.	Acrostic Poem Create an acrostic poem for 3 of your spelling words.	
	<b>Etymology</b> Use a dictionary to find out the language the 5 of your words come from.	Antonyms Write antonyms (opposites) for 5 of your words. Use a dictionary or thesaurus to help you.	
Using your words	Sentences Use at least 5 of your words in interesting sentences.	<b>Dictation</b> Write a dictation passage using all of your words.	
	Missing Words Put 10 words in a cloze exercise. Leave a line for each missing word. List the missing words	Parts of Speech Put your words into grammatical categories e.g. nouns, verbs, adjectives, adverbs	
Taking Charge/ Self- evaluation	Your Activity Create a new spelling activity of your own. Write the instructions down.	Quiz Me Choose 5 words from the spelling list and write them on cards to blutac around the house. Have people quiz you on them	

Activity	Teacher Recognition
Completes at least 4 spelling activities	

	Revi	sing 6 x Ta	bles	
Wednesday	Thursday		Monday	Tuesday
6 x 1 =				
Time:	Time:	Time:	Time:	Time:

Acti	vity	Teacher Recognition
	Recalls 6 x tables correctly each day	

## **Mathletics**

Day	Activity 1	Activity 2
Wednesday		
Thursday		
Friday		
Monday		
Tuesday		

Activ	vity	Teacher Recognition
	Completes set Mathletics Tasks	

## TEN

Wednesday	Thursday	Friday	Monday	Tuesday

Activ	vity	Teacher Recognition
	Engages in daily TEN activity	

***	1
Wednesday	1.
	2.
	3.
	4.
	5.
	6.
	7.
	8.
	9.
	10.
Thursday	1.
Indisday	2.
	3.
	4.
	5.
	6.
	7.
	8.
	9.
	10.
<b>T</b>	1.
Friday	2.
	3.
	4.
	5.
	6.
	7.
	8.
	9.
	10.
Monday	1.
	2.
	3.
	4.
	5.
	6.
	7.
	8.

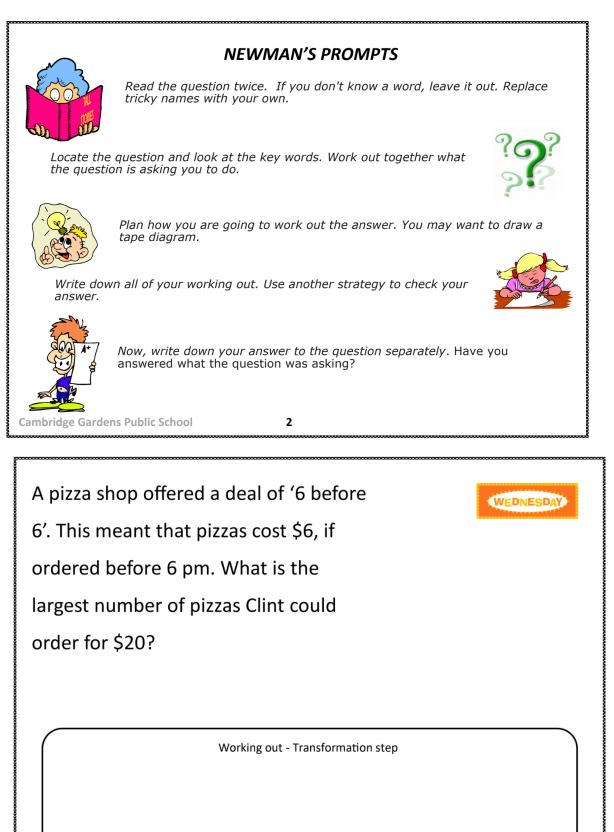
	9.
	10.
Tuesday	1.
•	2.
	3.
	4.
	5.
	6.
	7.
	8.
	9.
	10.

Activity	Teacher Recognition
Completes the Number of The Day and marks their own answers.	

Digital Media: BTN https://www.abc.net.au/btn/classroom/epidemiology/13494692

	Day		VIP's
	Monday		
Activ	vitv		Teacher Recognition
	Summarise and reco from digital media	ords information	

# **Problem-A-Day**



**Cambridge Gardens Public School** 

5

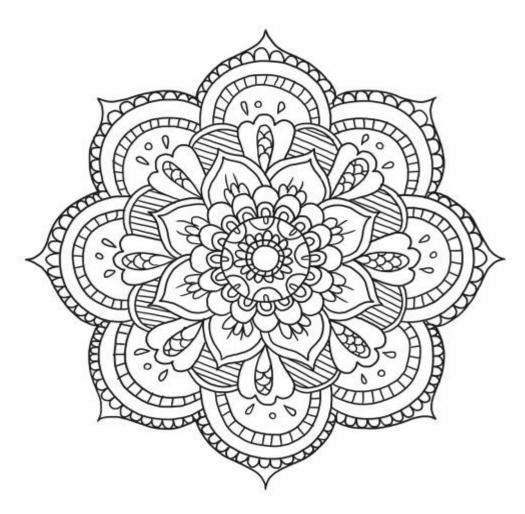
Make 10 different equations using the following	THURSDAY
numbers: 1.2, 0.7, 0.5, 0.6, 0.2, 0.4,	
and 1.0?	
Working out - Transformation step	
Cambridge Gardens Public School 6	
p	
** - 4 = ** What might the	FRIDAY
<ul><li>** - 4 = ** What might the</li><li>missing numbers be? Make 10 different equations</li></ul>	FRIDAY
	FRIDAY
	FRIDAY
	FRIDAY 5.
	S.
	<b>FRIDAY</b>
	S.
missing numbers be? Make 10 different equations	S.
missing numbers be? Make 10 different equations	S.

Continent	Number of cars produced	MONDAY
Africa	636 519	
Asia/Oceania	45 800 878	
Europe	19 726 405	-
North America	21 136 313	
South America	4 288 654	-
How many <b>more</b> cars were produced in North and South America than in Europe and Africa?		
	Working out - Transformation step	

Graeme spent \$45 at a post office.	TUESDAY	
He bought a special set of stamps for \$16.		
With the remaining money he bought 10 stamps at \$1.50 each and some stamps at 70 cents each.		
How many 70-cent stamps did Graeme buy?		
Working out - Transformation step		
Cambridge Gardens Public School 9		

Activity		Teacher Recognition
	Completes daily Problem-a-Day activities.	

# Wednesday 6.10.21



### Student

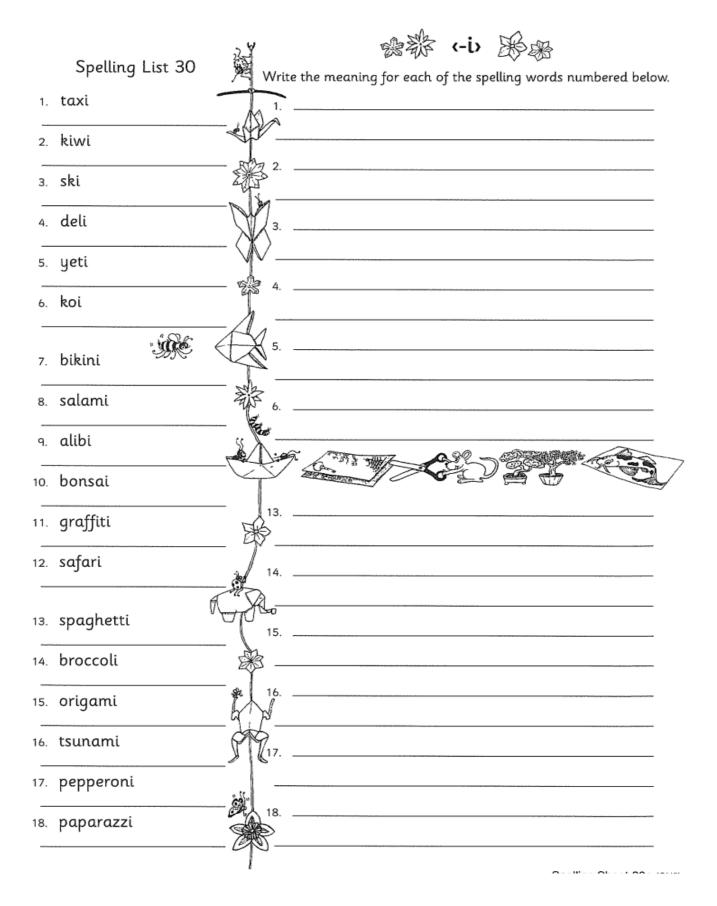
I have completed my work to the best of my ability

Name :

### Parent/Carer

I am happy with the quality and amount of work my child has done today

### Name:



Acti	vity	Teacher Recognition
	Completes spelling task	

### Comprehension: Dragon Keeper

 Look closely at the book cover to the left, read the short blurb below and then answer the questions that follow.

'Dragonkeeper is fantasy novel that is set in **ancient China**. It tells the tale of a nameless slave girl and her experiences in trying to save the last remaining dragon from the Emperor who has ordered the dragon's death. It is the first book of the Dragonkeeper series. '

1. What do you predict will happen in the text?



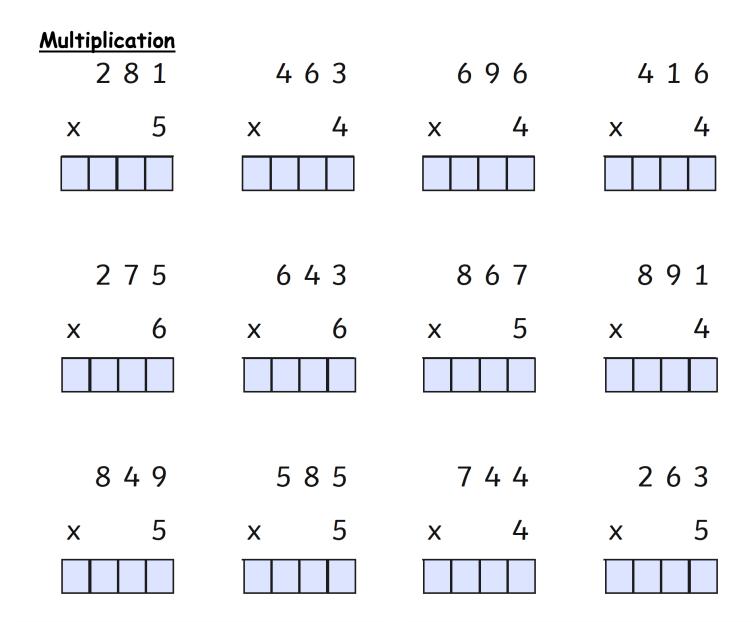
### Answer the following questions What is slavery?

What do you think is the difference between a dragon keeper and a dragon hunter?

What do you think a dragon stone looks like and what might its purpose be?



Activity	Teacher Recognition
Uses images and text to predict what might	
occur in a text.	



Two-Step Multiplication Word Problems All Multiplication

 In a dance competition, there are 32 teams. Each team has 8 dancers. Each dancer has five pairs of dancing shoes. How many pairs of shoes will there be at the competition?



Two-Step Multiplication Word Problems All Multiplication

5. Each car leaving a factory has 4 new tyres. 29 car transporters leave with 11 cars on each transporter. How many tyres are needed for all the cars?



Activity	Teacher Recognition
Completes multiplication activities	

### **SPORT**

### Activity 1: Join Miss Fry and the rest of the community for some Yoga!

Please click the link below to join the webinar: <u>https://nsweducation.zoom.us/j/64942188727?pwd=VzJ3WTBFb2YzOXNDQnYr</u> <u>YWF5dTBhQT09</u>

Webinar ID: 649 4218 8727 Passcode: 006644

### Activity 2: Create your own 40 sec fitness circuit.

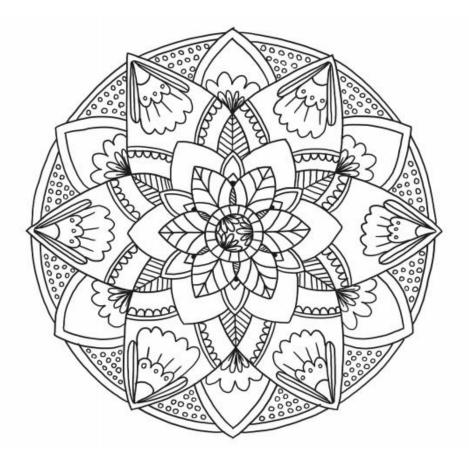
Try to remember as many of the activities we do at school (shuttle run, double footed jumps,

skipping etc) and watch the video to give you some more simple ideas.

https://www.youtube.com/watch?v=mj6NZfyjvnw

Activity	Teacher Recognition
Attends Zoom yoga class	
Creates a 40 sec fitness circuit	

# Thursday 7.10.21



### Student

I have completed my work to the best of my ability

Name :

### Parent/Carer

I am happy with the quality and amount of work my child has done today

### Name:

R	Black	regular Plurals: «	-b	5.03
regular p	ouns in English that end in « olural, but some make the plu ese words plural and look then	ural in the Latin way, replaci	ing (-us) with (-i).	
stin	rulus r		alumnus	
10 4123 4123	and the second	CP CERTIFICATION CONTRACTOR CONTR	All All All All All All	150 433 7 42: 0 465 7 439 V
	uns ending in «us» come fron origin form their plurals in the al ones.			
oct	opus p	latypus	virus	
t to the second s	すけいしょうけいのひょう	IJJJJJJJJJJ	I ST ST CT ST	<u>IIIIII</u>
sentence several p 1.	uns can be made in either wa s so that the noun in bold is p ictures of each item to match A <b>hippopotamus</b> wallor in mud to stay cool. I have a <b>cactus</b> in a pot on my windowsill.	olural and make sure everythi	ng else agrees. Then	draw
3.	A <b>crocus</b> is a small flow that grows in the sprin	NG		
4.	A mushroom is a <b>fung</b> that is often edible.	us		

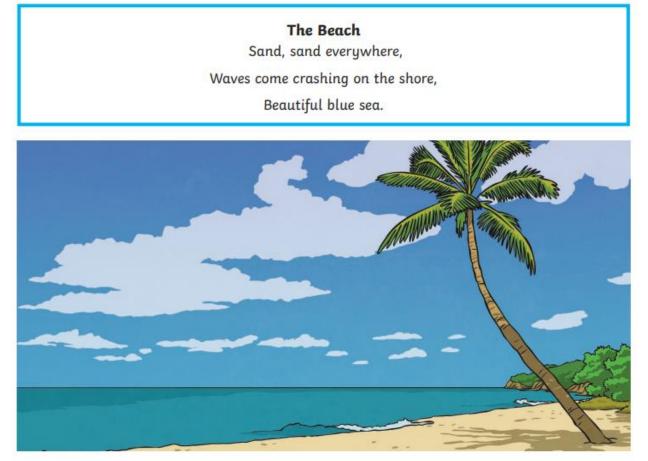
Activity	Teacher Recognition
Completes grammar worksheet	

### Poetry – Haiku

### What is a haiku poem?

A haiku poem is a traditional form of Japanese poetry. They can be written to describe a particular topic or object.

Below is an example of a Haiku poem.



### What is the structure of a haiku poem?

Haiku poems consist of three lines with a total of 17 syllables. The first and last lines of the poem contain five syllables. The middle line contains seven syllables. Haiku poems can sometimes rhyme. However, this is not necessary.

**Your task:** Use the planning sheet on the next page to record ideas about a Haiku poem you could create about the beach. You can use the image provided to gather information or search one online. Remember to include descriptive and figurative language features to enhance your written work. Try to use language that describes the colours, texture, smells and sounds of the beach.

# My Haiku Planning Sheet

Before you begin writing your haiku poem you should start by writing down different ideas that you have about your particular topic or object. Use the following template to help you with your ideas.

Choose a colour for your poem: \_\_\_\_\_

List some adjectives that describe your topic or object:

List some verbs to do with your topic or object:

Write some interesting facts about your topic or object:

# My Haiku

Activity	Teacher Recognition
Follows the structure to write a Haiku poem.	

### <u>Division</u>

Complete the calculations below.

1.	7	7	7		2.	7	9	8			3.	4	6	4		
4.	7	9	1		5.	7	1	5	4		6.	3	2	0	4	

**10.** A baker bakes 132 cupcakes. She sends them to 6 different supermarkets. How many cupcakes does each supermarket receive?



Activity	Teacher Recognition
Completes divisiom activity	

### **Geography**

• Read the information below and complete the activities

### What is a bushfire?

Bushfires are fires that burn through areas of bushland.

They are a type of wildfire – fires that burn through wild vegetation like woodland, scrubland, grassland or savannahs. These fires are unpredictable and difficult to control.

These fires are particularly common in areas that experience hot, dry weather, like Australia, Greece, Africa and parts of the USA, like California.

### What causes bushfires?

There are lots of possible bushfire causes. They can start naturally, when lightning strikes and ignites dry plants and trees, like the golden wattle tree. But they can also be caused by people, for example, by someone not extinguishing their campfire properly. Sadly, sometimes fires are started by someone deliberately.

Climate change doesn't start bushfires, but it does cause them to become larger and more ferocious. That's because our warming planet is experiencing more intense periods of drought, drying out the vegetation that fuels the fires. All that's needed is a spark.

### Are bushfires natural?

Believe it or not, bushfires are actually part of an important natural cycle that's been around for hundreds of millions of years. Flames can kill insects and diseases that harm trees. Low intensity fires burn dead or decaying debris on the ground which helps return nutrients to the soil. Fires also make space for new shoots to grow, and for more sunlight to reach the ground – creating a valuable food source and new habitat for animals and birds.

In places that often experience fires, some species of plants have even adapted to use fire for survival. For example, bottlebrush plants that grow in Australia produce a hard, woody fruit containing hundreds of tiny seeds. Some plants won't release these seeds unless there is a fire.

Sometimes, people who look after wild areas will start a controlled fire to help manage the land. These fires are carefully planned and monitored to make sure that they don't put anyone at risk of danger. Controlled fires help to prevent large-scale, out-of-control bushfires by clearing dry leaves, grasses and branches that could fuel a potential fire, in a controlled way.

Traditionally, the First Nations People of Australia used fire to manage the landscape, encourage new growth and help them hunt.

### Why are bushfires dangerous?

Bushfires become dangerous when they grow out of control and encroach on communities. The flames can burn through buildings, and breathing in the smoke from fires can be harmful. Windy weather conditions can fan the flames, spreading the blaze more quickly.

Thankfully, there are lots of people, like firefighters, government officials and ordinary men and women, working extremely hard to learn how to better prevent and control bushfires. And there are lots of ways in which you and your family can stay safe during a bushfire, like planning an escape route and keeping an emergency bag packed in case you need to leave in a hurry.

### What can I do to help?

If you're worried about the bushfires in Australia, there's lots you can do to help the people and wildlife affected:

- Consider raising money for a charity. You could hold a bake sale or do a sponsored walk to drum up donations:

- Create posters that educate others about the dangers of bushfires and how to stay safe.

– Be kind to the planet – climate change can make bushfires worse, so try to live in a way that doesn't harm the environment.

- Leave shallow dishes of cool water out for thirsty wildlife. Place them in shaded spots on the ground and up in trees, where animals will be safe from predators, if you can. Be sure to use non-metal dishes, as these will absorb heat and become hot very quickly.



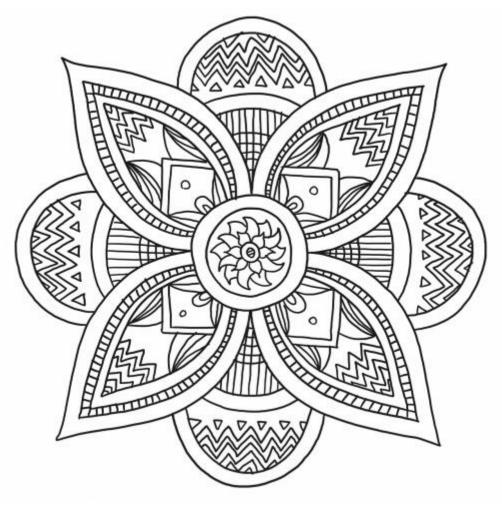
Record at least 3 VIP's regarding this segment.

What are things we could do if we lived in a bushfire area?

Do bushfires always happen in the same areas? Why or why not? Provide clear examples.

Activity	Teacher Recognition
Completes initial investigation of bushfires	

# Friday 8.10.21



#### Student

I have completed my work to the best of my ability

Name :

#### Parent/Carer

I am happy with the quality and amount of work my child has done today

Name:

Vocabulary Comprehension: Dragonkeeper

# Chapters 1 & 2

# Dictionary

### distaste

Definition

### barren

Definition

# imperial

Definition

## luxurious

Definition

## dungeon

Definition

# seal

Definition

## shaman

Definition

### omen

Definition

### wretch

Definition

### treason

### Definition

Activity	<b>Teacher Recognition</b>
Uses a dictionary to ensure meaning of	
required vocabulary.	

<u>Creative Arts</u> Watch this video and complete the artwork. Be sure to add colour, a background to your artwork and maybe even some humans! Make it an individual masterpiece! <u>https://www.youtube.com/watch?v=94stAysBR0g&t=160s</u>



Activity	Teacher recognition

# Monday 11.10.21



**Student:** I have completed my work to the best of my ability Name : \_\_\_\_\_

Parent/Carer: I am happy with the quality and amount of work my child has done today Name:\_\_\_\_\_\_

### Poetry: Haiku

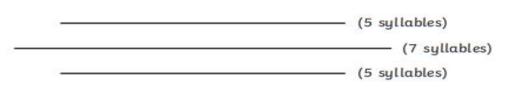
 Use this definition of syllables to assist you in ensuring your Haiku has the correct amount of syllables.
 Use the word bank provided to help you write a Haiku poem about Spring. Syllables are small groups of sounds that you hear in each word. Each syllable must have a vowel sound.

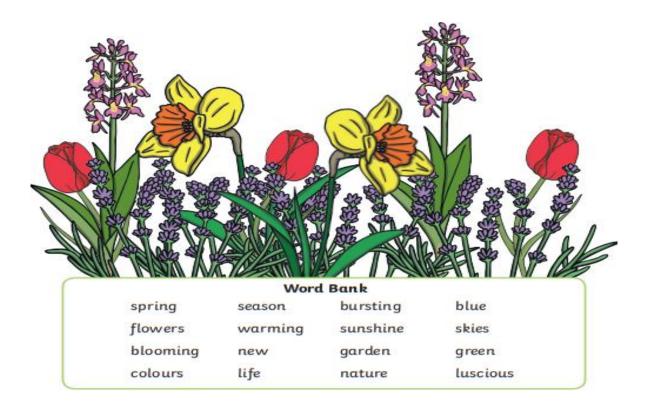
# Sometimes syllables are called beats in the word.



### Sometimes syllables are also called claps or chunks.



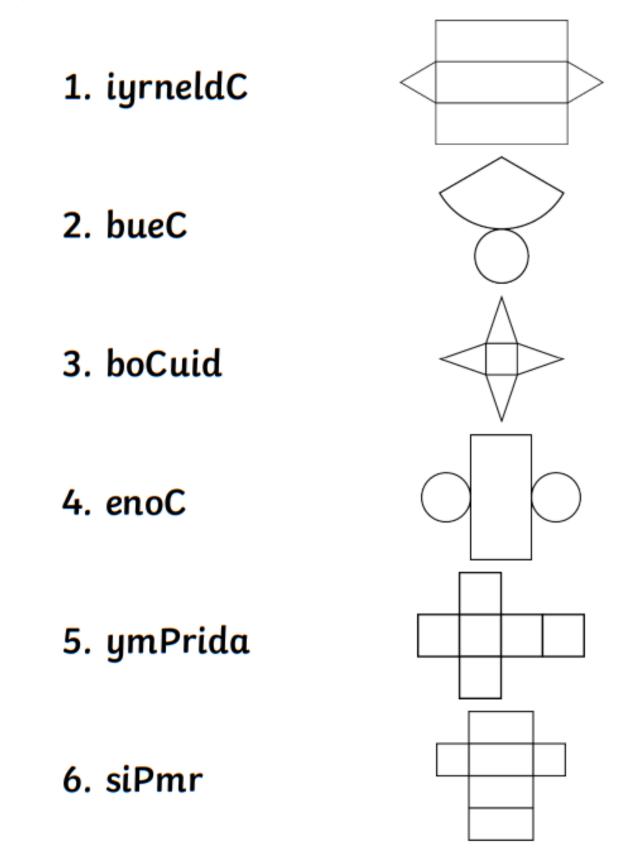




Activity	Teacher Recognition
Uses accurate amount of syllables in Haiku poem	

### **3D Objects**

Can you unscramble the names of the 3D shapes and match them to the correct shape net?



### Clues

### Down

- 1. This shape has 6 rectangular faces. (6)
- 3. Where 2 faces meet. (4)
- 4. This shape has 8 triangular faces. (10)
- 5. This shape has 2 circular faces. (8)
- 6. The 2D surface of a 3D shape. (4)
- 8. A corner on a shape. (6)
- A 3D shape where the cross section is the same all along its length. (5)

### Across

- 2. This shape has 6 square faces. (4)
- This shape has a square base and triangular sides. (7)
- 8. The word for more than one vertex. (8)
- 9. This shape has no vertices. (6)
- 11. This shape has 4 triangular faces. (11)
- 12. This shape has 1 circular face. (4)

													1		
												2			
				3											
						4				5	6				
									7						
			8												
9	10														
					11										
				12											

CubeCubeFacePyramidSphereVerticesCuboidOctahedronEdgeVertexConeTetrahedronCylinderPrism

### **Bounce Back: Looking on the Bright Side**

This is the acronym we use for Bounce Back.

- Bad times don't last, things will always get better- stay optimistic
- Other people can help, if you ask them.
- Unhelpful thinking makes you feel more upset think again.
- Nobody's perfect, not you and not others.
- Concentrate on the positives in a bad situation no matter how small
- Everybody experiences sadness, hurt, failure, rejection and setbacks sometimes, not just you.
- Blame fairly.
- Accept what you can't change.
- Catastrophizing exaggerates your worries.
- Keep things in perspective.

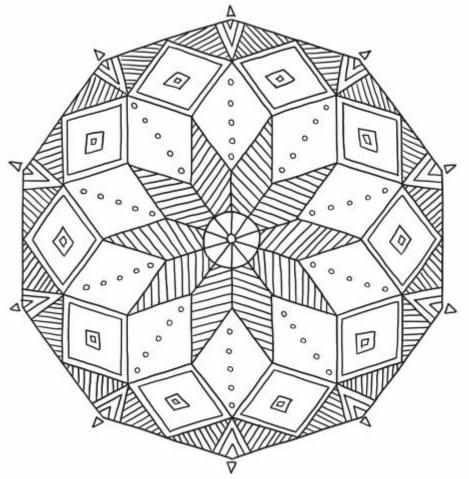
### Which part of the acronym do you like the best or think is the most important? Why?

Which of the acronym points have you used in your life recently to make a positive difference? Write a paragraph explaining how.

Copy the acronym below and decorate the letters.

B U N C Ε B A C K

# Tuesday 12.10.21



**Student:** I have completed my work to the best of my ability Name : \_\_\_\_\_

**Parent/Carer:** I am happy with the quality and amount of work my child has done today Name:

### **Spelling**

A attantan	Too show wood or itiga

Activity	Teacher recognition
Accurately spells words when writing dictated	
sentences.	

### **Free Choice Writing**

Create a piece of writing of your choosing. It may be a narrative/short story, an introduction to a novel, a procedure, an information report or even poetry!

Activity	Teacher Recognition
Independently produces a piece of writing on a	
chosen topic.	

### **3D Objects**

Find examples of everyday objects which are common 3D shapes. Accurately draw and label the object and its shape net below.

3D Shape Name	Object	Shape Net
Cylinder	BAKED BEANS	

Activity	Teacher Recognition
Locates and accurately draws the nets of real life 3D objects	

### **Student and Parent Reflection**

### <u>Student</u>

I am happy with the amount of work I completed
I know I did my best I am learning to work at home
What did I enjoy most in this unit of work?
What did I need help with?
Parent I was happy with the amount of work completed by my child:
Any comment or queries?
Teachers Response