

Cambridge Gardens Public School

Innovation, Excellence, Connections & Fun

Cross Country Qualifying Races 2023

28 March 2023

Dear Parents / Caregivers,

This letter is to provide you with information regarding students wishing to participate in the qualifying races for Zone Cross Country, details of which are outlined below.

Date:	Friday 28 th April 2023
Educational Rationale:	PDHPE GSS2.8 Participates and uses equipment in a variety of games and modified sports PDHPE GSS3.8 Applies movement skills in games and sports that require communication, cooperation, decision making and observation of rules
Excursion to:	The course will be run within the school grounds.
Venue's contact details:	02 4730 1201
Classes attending:	Students <u>turning 8 years of age or older in 2023</u> who have nominated to participate in the Carnival.
Start Time:	12:00 pm
Organising Teachers:	Mrs Felicity Nelson, Mr Beau Hunter, Mrs Casey Hetherington
Supervision:	Cambridge Gardens Public School staff members will be running the carnival.
Cost:	Nil
Specific Requirements:	Students are invited to attend if they are interested in running in a 2km or 3km race. Students will be encouraged to run or jog the majority of the course in preparation for Zone expectations.
Return this note by:	Wednesday 26 th April 2023



34 Trinity Drive
CAMBRIDGE PARK NSW 2747
T: 02 4730 1201
F: 02 4729 1385

email: cambridgeg-p.school@det.nsw.edu.au
www.cambridgeg-p.school.det.nsw.edu.au
Principal: Adam Wynn

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Special Note:

Students will walk one lap of the course on the Wednesday prior to the qualifying races. Any enquiries should be directed to Mrs Nelson.

Students will race in age groups according to the age they are turning this year

- 8 -9 year olds - 2km
 - 10 year olds - 2km
 - 11 year olds - 3km
 - Senior students - 3km
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- Please enter through Gate A and use the QR provided to sign in upon entering the school grounds.

Special Note regarding COVID-19 safety regulations and requirements:



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All permission notes and race nomination to the front office please. One note per child.

Permission Note — Cross Country Qualifying Races 2023

I give permission for my child _____ of class _____ to attend the **Cross Country Qualifying Race** on Friday 28th April, 2023.

I give permission for my child to participate in walking the course on Wednesday 26th April 2023.

Back Up Date

I give permission for my child to participate in the Cross Country Qualifying Race back up date of Friday 5th May 2023 if required.

I understand that on the day, all students will need to

- Wear shoes suitable for running (no spikes)
- Wear school sports uniform
- Bring asthma puffers (if required)
- Bring a water bottle and wear sunscreen

Please advise of any changes to the medical details the school has on file and any allergies or conditions that may affect your child on the day.

Parent Sign: _____

Date: _____

Please sign and return this permission note and race form to the office no later than **Wednesday 26th April 2023**.

Kind Regards,

Mrs Felicity Nelson
Mr Beau Hunter
Mrs Casey Hetherington
Cross Country Coordinators

Mr Adam Wynn
Principal



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