

Cambridge Gardens Public School

Innovation, Excellence, Connections & Fun

TWILIGHT SWIMMING TRIALS 2024

1 February 2024

Dear Parents / Caregivers,

This letter is to provide you with information regarding the **Twilight Swimming Trials**, details of which are outlined below.

Date:	Tuesday 6th February 2024
Educational Rationale:	PDHPE GSS2.8 Participates and uses equipment in a variety of games and modified sports PDHPE GSS3.8 Applies movement skills in games and sports that require communication, cooperation, decision making and observation of rules
Excursion to:	Penrith Ripples, 119 Station St, Penrith
Venue's contact details:	02 4721 3625
Classes attending:	Students turning 8 years of age or older in 2024 who nominate themselves for the trials
Start Time:	7:00 pm
Finish Time:	9:00 pm
Organising Teacher:	Mr James Kristof
Supervision:	Cambridge Gardens Public School staff members will be running the trials. Parents and Caregivers are to stay at the venue until their child has completed all of their races. Please note competitors will be required to sit in their age groups in the marshalling area throughout the carnival. Parents/caregivers are to sit in designated areas.
Transport:	Parents/Caregivers are responsible for the transportation of their child to and from the pool
Cost of entry to the pool:	\$3.80 for competitors. \$3.10 for spectators.
Payment:	Payment is made by parents/caregivers to the pool upon arrival. Penrith Ripples is a cashless facility and will only take payments made by card.
Specific Requirements:	This event is the trials for the Zone Swimming Carnival and as such only students who can confidently and competitively swim in their nominated events should attend the carnival. As a guide, last year's Zone Swimming Carnival qualification times have been included on the next page, for your reference when considering whether you attend this year's swimming trials.



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www.cambridgeg-p.school.det.nsw.edu.au
Principal: Adam Wynn

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Return this note by:

Friday 2nd February 2024

Special Note:

Races start at 7:00 pm so we encourage you to arrive at the pool prior to 7:00 pm to ensure that you do not miss any events. **Student races will be run in their age groups, however races may be run with mixed age groups if lane numbers allow. Once each student has completed their final race, they are required to sit with the family members/caregivers who brought them to the pool and away from the marshalling area. Students and families are able to leave the venue once the student has competed in all of their nominated races.** Any enquiries should be directed to Mr Kristof.

2023 ZONE SWIMMING QUALIFYING TIMES

Events 1 & 2	junior 4 X 50m medley (boys and girls)	05:00.00	Breaststroke 50 metres)	junior 11 years Senior	01:03.00 01:02.00 01:01.00
Events 3 & 4	senior 4 X 50m medley (boys and girls)	04:30.00	Backstroke (50 metres)	Junior 11 years Senior	01:03.00 01:02.00 01:01.00
Events 39 & 40	Open 100m freestyle (boys and girls)	01:40.00	Butterfly 50 metres)	junior 11 years Senior	01:10.00 01:05.00 01:00.00

Please Note: In the 50 m freestyle event the fastest two swimmers from each age group automatically qualify for the Zone Swimming Carnival.

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All permission notes and race nomination forms to the front office please

Permission Note — Twilight Swimming Trials 2024

I give permission for my child _____ of class _____ to attend the **Twilight Swimming Trials 2024 at Penrith Ripples on Tuesday 6th February 2024.**

I understand that I will be responsible for transportation of my child to and from the pool and that I am responsible for supervision of my child at the pool whilst they are not competing.

Please advise of any changes to the medical details the school has on file and any allergies or conditions that may affect your child on the day.

Parent Sign: _____

Date: _____

Race Nomination Form

My child can swim competently in the following events. Please tick the relevant events.

- 50m freestyle _____
- 50m backstroke _____
- 50m breaststroke _____
- 50m butterfly _____
- 100m freestyle _____
- 200m medley _____

Please sign and return this permission note and race nomination form to the office no later than **Friday 2nd February 2024.**

Kind Regards,
Mr James Kristof
Swimming Trials Coordinator

Mr Adam Wynn
Principal



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